

TEST DAY DO'S AND DON'TS



Getting ready for the ACT or SAT takes more than just studying.
Ensure you're prepared by following this simple list of do's and don'ts.

- (A) **DO** pack your supplies the day before
- (B) **DON'T** bring pens, highlighters or whiteout (No. 2 pencils only!)
- (C) **DO** set an alarm if the test time is early
- (D) **DO** eat a full and healthy breakfast
- (E) **DO** practice relaxation techniques to remain calm
- (F) **DO** dress in layers to adjust to the room temperature
- (G) **DO** know the location and time of the test beforehand
- (H) **DON'T** bring textbooks or notes into the testing room
- (I) **DO** give yourself plenty of time to get to your destination
- (J) **DON'T** bring any unapproved devices (headphones, smart watches, iPads, etc.)
- (K) **DO** know where to park and how much it will cost
- (L) **Don't** leave your cellphone on (make sure it's turned off!)
- (M) **DO** have something to look forward to after the test is done

All ready? Now go out and do your best!

