

# WHAT LEARNING STYLE FITS YOU BEST: VISUAL?

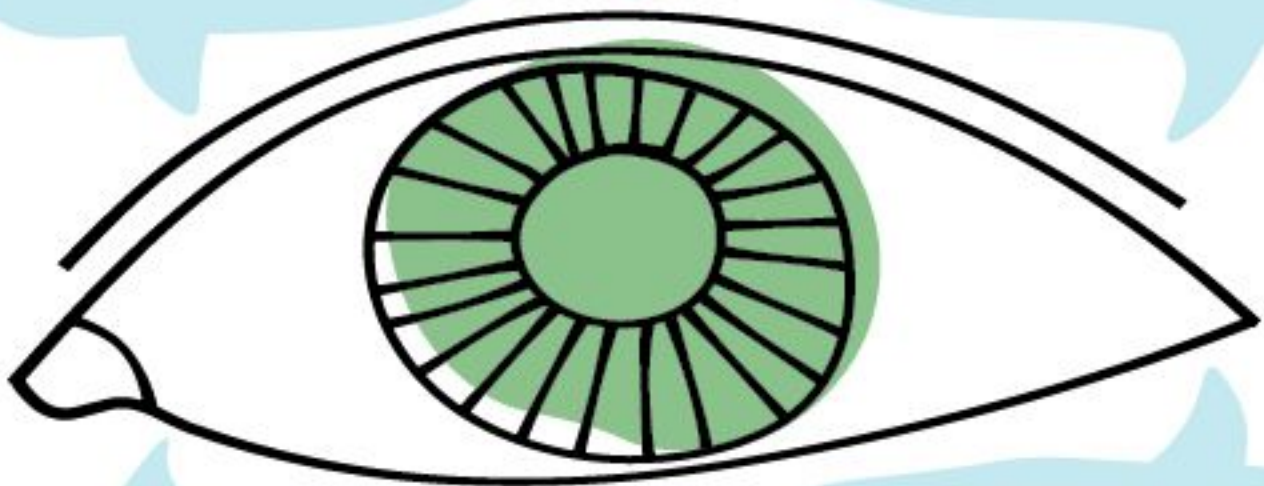
Visual, Auditory, and Kinesthetic (movement) are the three main learning styles. Think of them as see, hear and touch. Understanding which works best for you can play a big role in figuring out how best to study.

## VISUAL LEARNERS:

Make sure to look at study materials as much as possible (i.e. charts, maps, notes and flashcards)

Sit close to the front to avoid visual distractions

Take numerous detailed notes to review later



Try to keep your surroundings neat and tidy

Try closing your eyes and visualizing concepts to help you remember them

Try incorporating visuals, such as charts or pictures, to help you understand what you are learning