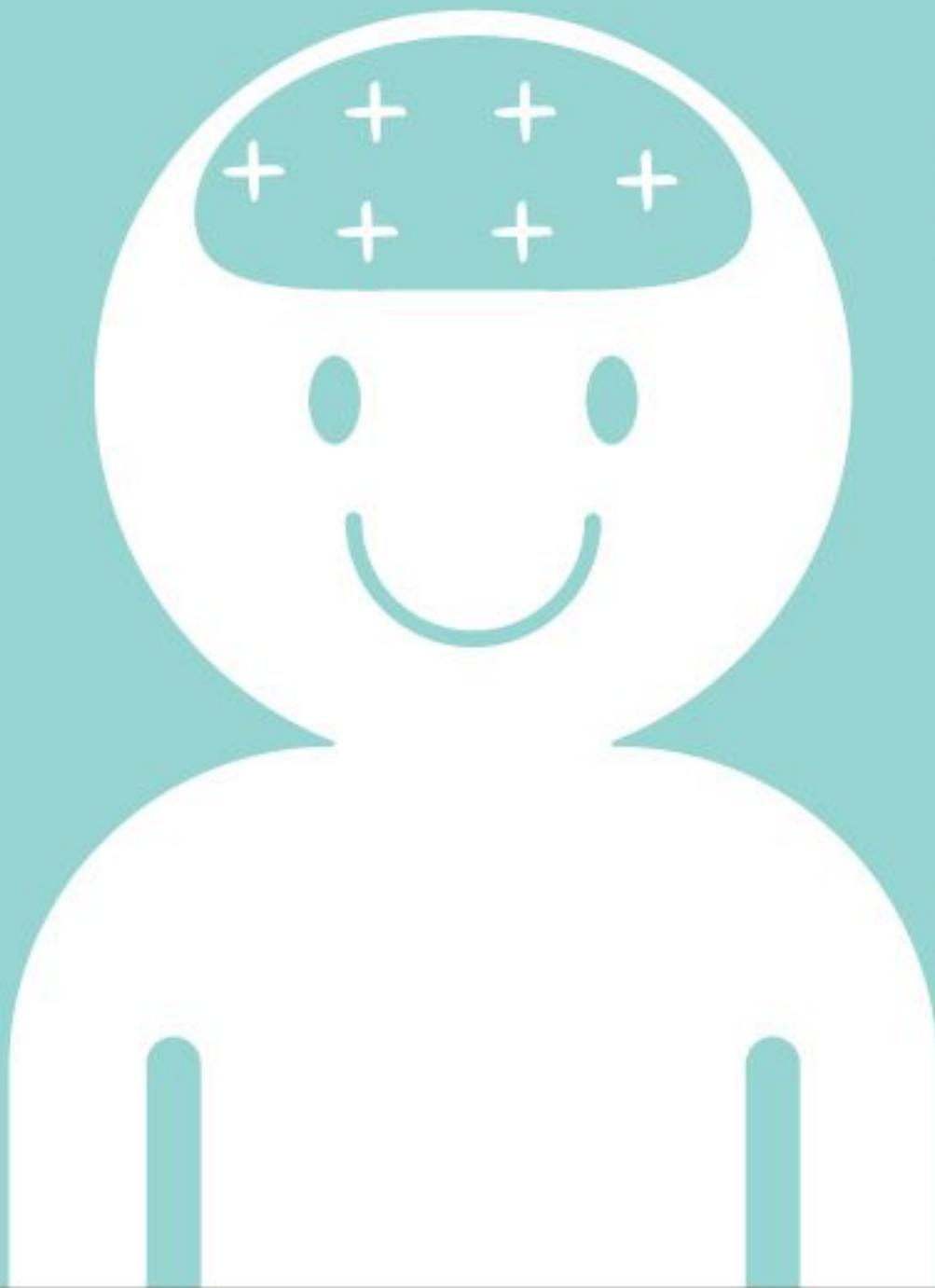


YOUR CHILD'S SELF ESTEEM



CHILDREN WITH POSITIVE SELF-ESTEEM

- + **Feel liked and accepted**
- + **Feel confident**
- + **Feel proud of what they can do**
- + **Think good things about themselves**
- + **Believe in themselves**
- + **Seek out social situations**

CHILDREN WITH NEGATIVE SELF-ESTEEM

- **Are self-critical and hard on themselves**
- **Feel they're not as good as other kids**
- **Think of their failures rather than their successes**
- **Lack confidence**
- **Doubt they can do things well**
- **Feel unsure of themselves**
- **Don't join in**

