

# 100 WAYS TO KEEP YOUR KIDS OFF THEIR PHONES THIS SUMMER

1. Visit a museum
2. Read a book
3. Check out the local science center
4. Do a puzzle
5. Fly a kite
6. Visit a local park
7. Play mini golf
8. Visit the local library
9. Start a blog
10. Watch a movie
11. Learn to code
12. Research what was popular the day you were born
13. Make a flower basket
14. Go on a picnic
15. Visit a farm
16. Play cards
17. Learn about bees
18. Go swimming
19. Do Sudoku
20. Play baseball
21. Have a garage sale
22. Make a bird bath
23. Visit a local farmers market
24. Plant a vegetable garden
25. Go on a hike
26. Learn to play chess
27. Build a butterfly house
28. Make homemade pizza
29. Take a dog for a walk
30. Discover the news story of the day
31. Learn the words to your favorite song
32. Ride your bike
33. Learn to bake cookies
34. Practice math
35. Draw out your family tree
36. Try a new food
37. Play tennis
38. Do Origami
39. Visit the local animal shelter
40. Go fishing
41. BBQ
42. Use sidewalk chalk
43. Outline a story plot
44. Find a flea market
45. Play in the sprinkler
46. Go to a new playground
47. Plan a craft night
48. Make a baking soda and vinegar volcano
49. Paint a picture
50. Make milkshakes
51. Make up a dance routine
52. Read to younger siblings
53. Play dress-up
54. Run around the local track
55. Go for a walk
56. Volunteer
57. Go go-carting
58. Take out library books on animals
59. Make a card for a friend
60. Learn a new board game
61. Sweep the kitchen
62. Research your family name
63. Make a card for a neighbor
64. Draw your house
65. Make puppets and hold a show
66. Learn to count in another language
67. Build a sandcastle
68. Paint rocks to look like animals
69. Sleep in a tent in the back garden
70. Make jewelry from beads
71. Visit your grandparents
72. Tell ghost stories
73. Set up a lemonade stand
74. Learn to sew
75. Do a podcast
76. Make ice cream sundaes
77. Plan your birthday party
78. Start a journal
79. Read
80. Have a water balloon fight
81. Drink water
82. Find old toys to donate or sell
83. Collect the recycling
84. Help with dinner
85. Go to a thrift store
86. Make homemade popsicles
87. Collect shells at the beach
88. Practice your handwriting
89. Learn magic
90. Go to Bingo
91. Water the garden
92. Go to a local lake
93. Pick berries
94. Take a ceramics class
95. Wash the car
96. Help a neighbor with yardwork
97. Babysit
98. Write a family newsletter
99. Bathe your dog
100. Have a ping pong tournament

